



GUIDELINES FOR PRE-LABOUR PROLONGED RUPTURE OF MEMBRANES AT TERM (PPROM)

- Ascertain accurate history of membrane rupture from client and document immediately.
- Visit to confirm history of ruptured membranes in the first 12 hours if possible or ASAP in the presence of meconium or known high presenting part.
- Advise client to:
 - check temp 4 hourly
 - change pad & check colour, amount & smell of liquor regularly
 - avoid baths, vaginal examinations & sexual intercourse (other sexual activity is permissible)
- Clients may use alternative therapies of their choice to stimulate/ facilitate contractions, e.g acupuncture. Research on acupuncture for induction of labour is sited below.
- Cochrane Review – [Click here for details.](#)
- When liquor is clear, advise clients to visit back up booking hospital or nearest hospital within 24 hours for an obstetric consult where they can expect to be offered – CTG & or an ultrasound to check fetal health
- When meconium is present advise clients to visit hospital ASAP
- Advise clients that at the hospital visit they will be offered induction of labour & or antibiotics
- Advise clients it is their choice to accept or decline the above offers. They have to decide whether the risks of PROM out way the risks of induction etc. Refer clients to PROM and risk of infection to baby, induction of labour and use of antibiotics research as per Cochrane Pregnancy & Childbirth Database Reviews as sited below. Support your client in their informed decision.
- Cochrane Review – [Click here for details.](#)
- Cochrane Review – [Click here for details.](#)